

Your chair features the New MVP BASIC control

..the “MVP Basic”Superb Adjustability, Quality, Value

The MVP Basic Features and Adjustments:

How to Adjust Your MVP ergonomic chair...

Note see # 7 below

(1) Back Height Adjustment Lever

Allows the back (lumbar) to adjust up and down. The new back-height adjustment is self contained. Sitting in the chair reach behind you and raise the back to the full-top position, where it will *release* and then travel to the full-bottom position. Raise the back slowly and it will adjust in a variety of levels....want it lower? .. then repeat to the full-top release position.

(2) Back Angle Adjustment Lever

This paddle allows the back pitch to adjust front and back independently by lifting up on the lever. It will lock the back in position by releasing the lever. Keeping the lever in the top position and you can have the back in a posture spring mode.

(3) Pneumatic Seat Height Adjustment

This paddle, when lifted up towards the seat, and body weight is taken off the seat, allows the seat height to go up. When the paddle is lifted, while body weight is on the seat, the seat will lower.

(4) Infinite Lock Paddle

This paddle controls the infinite lock position. It will lock the chair in any position you desire or allow the seat and back to float free. (tilt-swivel).

To Lock: Push the paddle down.

To Free Float: Pull the paddle up.

(5) Adjustable Arms

8 Position Adjustable Arms (up and down). Grab pistol grip to release and move up or down to desired height. There are also adjustable knobs on each arm (under the seat), to adjust in and/or out, the arm-seat-width.



(6) Seat Slider Control-Lever

Pull the lever, and the seat will slide forward or backward to allow you to adjust the seat depth to the most comfortable position (shallow or deeper seat).

(7) Forward-Seat-Tilt Lever

This new lever allows the chair seat to tilt forward and down past horizontal level to a negative degree. This opens the chest (body-trunk) to the lower thighs and the result is a more natural seating posture. This is perfect for kids that sit for long hours playing computer games, so they won't slouch, or hunch over.

You must sit in the chair and rock back slightly to disengage the front levers locking feature.

Very easily to adjust by rotating the lever clockwise/ counterclockwise and the seat front will adjust its' tilt angle. This feature allows the chair to have a slightly forward seat-tilt-angle during continuous use. It relieves the seated pressure under your legs for better circulation.

(8) Tension Control Knob (under front seat not shown)

This knob controls the tension of the seat and back tilting action. Clockwise tightens and counter-clockwise loosens.

Your MVP Basic may need the seat angle (level) to be The first adjustment; as it may not ship at zero level / parallel to the floor.

See step # 7 for the adjustment



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